

Wisconsin Assistive Technology Initiative
AT GOAL SETTING WORKSHEET

Name: _____ **Date:** _____

Directions: As the user of AT, it is important that you be able to tell others about yourself and your AT. It is also important to plan for the future. Please think about the skills below and use them to develop goals that will help you become an independent adult. There are other goals besides these, but these will help you get started.

As an adult I will need to be able to:

- ◆ tell people about my disability
- ◆ identify things that help me
- ◆ ask for help when needed
- ◆ set up and operate my AT equipment

As an adult, I will need to know:

- ◆ my legal rights
- ◆ where information about my AT is kept
- ◆ service agencies that can help me after I graduate
- ◆ how my AT is paid for
- ◆ where to go for help with my AT
- ◆ what to do when my AT breaks down
- ◆ where to get my AT repaired

Goal 1: _____

Goal 2: _____

Goal 3: _____
