



Mrs. Hawkins'

Super Learners 

August 20, 2021

\*It's time for school again. :) We are excited to be back in school . I look forward to helping your student learn and grow, both academically and socially.

\*I hope all my students and their families had a **GREAT** summer!! I look forward to being your students' teacher and have great expectations for the school year.

\* **For my new families**-I am going into my 17th year of teaching with SESE and the ED program. I love my job, have a daughter and 2 grands named Lexi in 2nd grade and Leah who will soon be 3. Your kiddos will probably hear alot about them as I spend alot of my time enjoying them. I also have a grown son who is a welder and loves to race his sprint cars on the weekends. You will also find me at the dirt tracks on Friday and Saturday nights wathcing him race. I have 3 rescue dogs and 3 rescued cats and love camping.

\***My team!** I have 2 other teachers to help me with learning in my classroom. **Mrs. Grove** comes from Newton, has 4 kiddos and helps out with rescuing dogs and cats!! **Mrs. Fleenor** is from Robinson. She has a 1st and 3rd grader and also loves dogs.

We are going to discuss a few things in this newsletter to keep your student engaged and learning in a super way!

#### SUPER LEARNING

**SRA**-Your student will be tested and given the Reading and Math curriculum that is driven for their level. They will have daily Lessons in each one of these subjects. Please go over or review what they have learned/missed or have them re-read the words or sentences to you for more Reading practice each night when they get home.

**IXL**-This is a site that SESE has and we use all the time. It is great to practice for 15 min. each night Mon-Th on Math and Reading. There are a variety of levels. Students may choose Level B or C unless I let you know differently. For fun you can also do the Science and Social Studies lessons. This is basically their homework unless there is something else in their folders to complete.

~**Prodigy**; We know you love it! You can use this as your math everyday at home.

~[Spelling City](#); There are new words and NO assignments! Play what you want with the words that are there. The lists will be updated as you use  
~[CNN10.com](#) is a kids driven daily lesson we use to keep us informed about what is happening around the world. them!  
[Mystery Doug](#)-Science lessons for 2 days a week.

We will be sending home a copy of their login's and passwords for sites that can be accessed at home. It will also be put in their folders no later than Monday.

### SUPER TOPICS-For parents

\*Please call your district transportation **early** if your student will not be riding as a courtesy to them. If you bring your student to school after an appt. Or missing the bus, please call transportation to let them know your student does need picked up in the afternoon. Thanks

\*Your student will receive a Daily Behavior Pt Sheet each day with a score. It will come by email from our Review 360 data. Please be sure that you see that each day and if not please let me know. You will also receive an overall score by paper each day. This is our way of communicating. Please sign and look for a note or you may write a note back to us on that paper. Please keep it in the students folder for the week and we will replace it at the end of the week. :)

\*It is SESE policy that I hear from a parent or guardian before school if they are going to be absent. Please call our classroom # and leave a message so that I know and don't get a breakfast for them. Thanks in advance.

~Labor Day is Monday Sept. 6th No school

~Sleep is also SUPER important! Rest is necessary for a child to be at his/her full potential when awake. Children 7-12 years of age are recommended to get 10-11 hours of sleep/day. Sleep is still important for their bodies and minds to grow correctly.

\*Breakfast and lunch-Each student is offered b'fast in the morning. IF the student doesn't like what is on the menu for the day, please be sure they get something at home for their brain power and good learning.

~Physical Exercise is SUPER important! It keeps the brain and body healthy. I hope students get outside when they come home from school and the weekends in their backyards or at the park.

\*You will find an Oblong school calendar that each student is to follow even if you come from a different district. We also will send a monthly menu home which also has early out days listed when no lunch is served. Please look for those.

**☆ FUN FITNESS FOR KIDS! ☆**  
**WHAT'S YOUR NAME?**

Spell out your full name and do the activities for each letter! Get creative and spell out your friends names too!  
 \*Consult your doctor before starting any new exercise.

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| <b>A</b> 16 Jumping Jacks                | <b>N</b> 15 Side Way Lunges                  |
| <b>B</b> 2 Minute Jump Rope              | <b>O</b> 10 Jump Squats                      |
| <b>C</b> 20 Arm Circles                  | <b>P</b> Balance on Right Foot for 15 Counts |
| <b>D</b> 15 High Knees                   | <b>Q</b> 20 High Knees                       |
| <b>E</b> 10 Pushups                      | <b>R</b> 15 Frog Hops                        |
| <b>F</b> 12 Squats                       | <b>S</b> 20 Jumping Jacks                    |
| <b>G</b> 10 Frog Hops                    | <b>T</b> Toy Soldier March for 15 Counts     |
| <b>H</b> 2 Minute Jog in Place           | <b>U</b> 30 Arm Circles                      |
| <b>I</b> Hop on One Foot 5 Times         | <b>V</b> 8 Pushups                           |
| <b>J</b> Crawl like a Crab for 10 Counts | <b>W</b> 1 Minute Jog in Place               |
| <b>K</b> 3 Somersaults                   | <b>X</b> Try Touch the Clouds for 10 Counts  |
| <b>L</b> Bend Down & Touch Toes 20 Times | <b>Y</b> Balance on Left Foot for 15 Counts  |
| <b>M</b> 3 Cartwheels                    | <b>Z</b> 1 Minute Jog in Place               |

GIRLPHAT.COM

**10 Minute Super Kid Workout!**

1:00 jumping jacks  
 :30 side lunges  
 :30 squats  
 1:00 jog in place  
 :30 burpees  
 :30 lunges  
 1:00 jump in place  
 :30 mountain climbers  
 1:00 jump rope  
 :30 speed skaters  
 1:00 butt kickers  
 :30 lunge kicks  
 :30 squats  
 1:00 march in place  
 :30 side lunges  
 :30 push-ups

**u-improved.com**



As always, we are here for you! Please let us know if there is anything you need!

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Mrs. Grove and Mrs. Fleenor